

# Durstain's Bracers of Equilibrium

August 17, 2022



Wondrous Item, common

These studded leather bracers with sea stones near the wrists reduce the IE of [Dizziness](#) by 1 Extent while worn. Three times per day, you may press the sea stone into your wrist for 1 round to reduce [Dizziness](#) by an additional Extent for 1 minute. They must be removed to receive the benefits of a short or long rest and take 3 rounds to strap on or remove. When removed, you must lie prone for (IE) rounds or faint as described above.