

# Potion of Cheerful Thoughts

December 23, 2022



Potion, rare

When you drink this potion, you gain the following benefits for 1 hour:

- You have advantage on saving throws against spells and other effects that would cause you to be charmed or frightened.
- You gain resistance to psychic damage.
- You have advantage on Wisdom (Insight) checks to determine the emotional state of others.

After the potion wears off, you must succeed on a DC 10 Wisdom saving throw or acquire a temporary [Baseless Emotion](#) or increase an existing one by 1 Impact Extent for one hour

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This potent potion is designed to treat individuals struggling with depression and anxiety. However, when it wears off, the effect rebounds.

It is made using a blend of Christmas spices and enchanted eggs from the rare and elusive Jinglebird.

To create the potion, the following steps must be followed:

1. Gather the following ingredients:

- 1 Jinglebird egg
- 1 pint of fresh cream
- 1 cup of sugar
- 1 teaspoon of cinnamon
- 1 teaspoon of nutmeg
- 1 teaspoon of allspice

2. Crack the Jinglebird egg and carefully separate the yolk from the white.
3. In a large mixing bowl, beat the egg yolk with the cream and sugar until well combined and smooth.
4. Add the cinnamon, nutmeg, and allspice and mix until fully incorporated.
5. Transfer the mixture to a small pot and heat over low heat, stirring constantly, until it reaches a thick and creamy consistency.
6. Once the potion has reached the desired consistency, remove it from the heat and carefully transfer it to a small glass vial.
7. The potion is now ready to use! To use the potion, simply drink it and allow it to take effect.