# Disability, Neurodiversity, and Mental Health Resources for Tabletop Roleplaying Games

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Here's a growing collection of resources to improve your life or to help you improve the lives of others.

# Representation Resources

- Ableist Tropes in Storytelling « Oppression Aware Podcast,
  Fairy Tales, and Games (Interview)
- Writing Characters With Disabilities
- Forge Ahead: A Party to Access
- DnD Disability
- Combat Wheelchair 3
- Limitless Heroics

### **Miniatures**

- Limitless Champions
- Combat Wheelchair
- Skinny Minis

# **Accessibility Resources**

- Accessibility in Gaming Resources
- Roll for Kindness
- A big list of accessibility resource lists
- Braille Dice (Interview)

### **Mental Health Tools**

- Jasper's Game Day (Interview)
- TTRPG Safety Toolkit
- Consent in Gaming from Monte Cook Games
- MCDM Tabletop Safety Toolkit
- #CouchCon Charity Panel: "Sanity Checks & Stigma- Mental Health in TTRPGs" — YouTube

### **Publisher Resources**

- CNIB Clear Print Guide
- ADA Compliant Print Short Guide
- Accessible Print Guide

Feel free to add more in the comments below!