

# Accessible DnD Character Sheets for Disabled Players

April 8, 2024



Free, emoji-based character sheets designed for #DnD players with print disabilities. Available in PDF and DOCX formats, with features for easy navigation and inclusive representation.

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# Reddit Alternative: A Response to Reddit's Accessibility Hostility

April 8, 2024



Discover our move to Lemmy, a federated Reddit alternative, as a response to Reddit's accessibility concerns. Join at

[https://ttrpg.network/c/disabled\\_dungeons](https://ttrpg.network/c/disabled_dungeons).

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# Gaining Advantage 031: Improving Racial Representation in TTRPGs with Aaron Trammell

April 8, 2024



This month, we open discussing the new canon autistic character being introduced in D&D, and how meaningful representation is for traditionally marginalized groups. □

<https://www.polygon.com/23850698/dnd-dungeons-dragons-autistic-character-asteria>

Then Dale talks with Aaron Trammell, Associate Professor of Informatics at UC Irvine, about improving representation for people of color in tabletop RPGs like Dungeons & Dragons.

Key topics covered:

- How fantasy RPGs have historically lacked racial diversity and inclusion

- Racial stereotypes associated with classic fantasy races like orcs
- Colonialist attitudes reflected in fantasy language use
- Steps publishers and designers can take to improve racial representation in RPG products
- Making your gaming table welcoming for new and diverse players
- Aaron provides insight into issues around race in RPGs, and offers suggestions for how the hobby can become more inclusive. This is an important discussion about seeing diversity reflected in the games we play.

0:00 Introduction: Asteria, the first canon autistic D&D character

6:10 Interview: Aaron Trammell, Associate Professor of Informatics at UC Irvine

54:21 Patreon Showcase & closing

Manually captioned. Transcript available at our website.

## Aaron Trammell Links

- Aaron Trammell's work: <http://aarontrammell.com/>
- Twitter: <https://twitter.com/aarontram>

## Wyrmmworks Publishing

- The Lair: <https://cutt.ly/LairYT>
- Wyrmmworks Publishing: <http://wyrmmworkspublishing.com>

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# Gaining Advantage 029: Finding Healing and Fun through TTRPGs: A Journey of Transformation with Bill Lemmond

April 8, 2024



Dale interviews Bill Lemmond, a passionate gamer and comic artist. Bill shares his personal story of how tabletop roleplaying games (TTRPGs) have played a pivotal role in transforming his life, from finding joy and relaxation to overcoming depression and pursuing education. Discover the power of gaming to create a supportive community, foster creativity, and provide a much-needed escape. Join us as we explore the impact of TTRPGs on mental well-being and the importance of inclusivity and fun in gaming.

0:00 Introduction: Limitless Champions Update

01:35 Interview: Bill Lemmond

51:30 Patreon Showcase & Closing

Manually captioned. Transcript available at our website.

# Bill Lemmond Links

- Twitter: <https://twitter.com/PastshelfdateJr>

## WyrmworKs Publishing

- The Lair: <https://cutt.ly/LairYT>
  - WyrmworKs Publishing: <http://wyrmworKspublishing.com>
- 

# Gaining Advantage 024: Inherently Beneficial, then Intentional

April 8, 2024



Roleplaying games are already great, but what happens when they're intentionally used to improve lives? We welcome Jack Berkenstock Jr., MHS, Executive Director, The Bodhana Group to talk about therapeutic RPG.

0:00 Introduction

3:54 Interview: Jack Berkenstock Jr., MHS, Executive Director,  
The Bodhana Group

44:43 Wrap-up

Manually captioned. Transcript available at our website.

Script Change: <http://briebeau.com/scriptchange>

## The Bodhana Group Links

- <https://www.thebodhanagroup.org>
- <https://twitter.com/thebodhanagroup>
- <https://www.facebook.com/thebodhanagroup>

## Wyrmsworks Publishing

- Limitless Heroics: <http://inclusiverpg.com>
- The Lair: <https://cutt.ly/LairYT>
- Limitless Champions: <http://mini.inclusiverpg.com>

Wyrmsworks Publishing: <http://wyrmsworkspublishing.com>

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# Disabled D&D5e Heroes Coloring Book

April 8, 2024



Tabletop Roleplaying Games like Dungeons & Dragons are great equalizers: people of all ages and abilities can play together, cooperatively. What else can do that? Coloring books! So we used the amazing art from Limitless Heroics to create a coloring book for all ages!

48 images include fantasy characters, assistive devices, and service animals.

How does a coloring book make lives better?

- People like me with ADHD may benefit from coloring to help keep focused during games and other times, and D&D-related coloring books are rare.
- Put this in a child's hands, and you instantly normalize disabled heroes in their lives.
- D&D is for everyone, and so is artistic expression!
- The pages include quotes from disabled, neurodiverse, and mentally & chronically ill people to teach about their experiences and accessibility.
- [Service Owlbears] are adorable.

The book also includes a local site license for copying, so schools, clinics, local game groups, and FLGSs can print or copy coloring pages for their local events, clients, and fellow players.

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# Gaining Advantage 023: Gaming and Inclusive Design

April 8, 2024



What happens when a bunch of neurodivergent people sit down to play D&D together and connect through the game? Things get awesome. And our guest, Caleb Valoroza-Jones, wrote a Master's Thesis on it!

But before that, Dale takes an honest look at what it takes to get started in the TTRPG industry, especially in light of the changes at Twitter. It's not as difficult as many would lead you to believe.

0:00 Introduction

0:22 Getting started in the TTRPG Industry without Twitter

17:51 Announcements

22:18 Interview: Caleb Valoroza-Jones

56:37 Wrap-up

Manually captioned. Transcript available at our website.

[Writing Your First Adventure \(Storytelling Collective\)](#)



# Caleb Valoroza-Jones Links

- [All the links](#)
- [Twitter](#)
- [Thesis](#)

## Wyrworks Publishing

- Limitless Heroics: <http://inclusiverpg.com>
  - The Lair: <https://cutt.ly/LairYT>
  - Limitless Champions: <http://mini.inclusiverpg.com>
  - Wyrworks Publishing: <http://wyrworkspublishing.com>
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# Gaining Advantage 020: Be Kind. Roll High.

April 8, 2024



Roleplaying games change lives. But what happens when you intentionally turn that dial to 11? We welcome Peter Jung from Roll for Kindness to explain how that happens and how you can do it.

0:00 Introduction

04:04 Interview: Peter Jung

32:57 Wrap-up

Manually captioned. Transcript available at our website.

## Roll for Kindness Links

- Using RPGs for Good: <https://rollforkindness.com/pathways-for-using-rpgs-for-good/>
- Caravan Endures: <https://rollforkindness.com/new-caravan-endures-build/>
- Twitter: <https://twitter.com/RollForKindness>

## Wyrmsworks Publishing

- Limitless Heroics: <http://inclusiverpg.com>
  - The Lair: <https://lair.WyrmsworksPublishing.com>
  - Minis: <http://mini.inclusiverpg.com>
  - Wyrmsworks Publishing: <http://wyrmsworkspublishing.com>
  - Patreon: <https://Patreon.com/wyrmsworkspublishing>
  - Facebook: <https://facebook.com/wyrmsworkspublishing>
  - Twitter: <https://twitter.com/wyrmsworksdale>
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# Attention Deficit (ADHD) for D&D 5e

April 8, 2024



How can you represent Attention Deficit Hyperactivity Disorder (ADHD) in 5e that reflects real world experiences? Here's a free sample from Limitless Heroics to implement them in your game.

## **Content Warning:** [Cyberbullying](#)

Last year, I posted an early draft version of this preview to promote Limitless Heroics as I prepared for the Kickstarter campaign. In December, it, and consequently I, became the target of a Twitter [hater cyberbullying](#) attack by hundreds of people throughout the TTRPG community.

As a result of that, I pulled it down and wanted to hide. I seriously considered canceling the campaign altogether and closing up shop completely, but too many people were counting on me, and I was encouraged by some well-respected people in the industry to carry on, so with much trepidation, I continued with the campaign, avoiding Twitter and literally getting nauseated every time my phone made the new email chime for fear of the subsequent hate that flowed from that attack, and it has taken me this long to work up the courage to make this revised sample live again, reminding myself that, as big as the Twitter mob was, I've received nearly as many heartfelt notes of thanks and support, and *ten times as many* have already backed or preordered

it. And with help from a licensed counselor, I'm learning to manage the subsequent anxiety and depression I've developed.

Ironically, I was recently diagnosed with ADHD myself, so I post this revision with confidence as it also reflects my own lived experience and that of *many* more who also have given input and affirm this as a reflection of their own experiences, plus it has been discussed and revised based on feedback from five sensitivity readers from multiple fields.

Because ADHD is a complex condition with a variety of expressions, we broke it into at least 3 separate traits with options for more, depending on your experience, but here are the three most common associated traits. (I personally have several more.)

You can use this sample by itself for free or [purchase a copy of Limitless Heroics](#) for a more comprehensive guide to disability, neurodiversity, and mental illness representation in fifth edition. Thanks for your interest in making the D&D and broader TTRPG space more inclusive and representative. (If you use it alone, IE = Impact Extent. [See the tables for an explanation.](#))

**LAYOUT NOTE:** The format of this preview does not reflect the final format of Limitless Heroics, which we designed for maximum accessibility, including dyslexia-friendly.



[Download the Preview at DriveThruRPG](#)

## Horror of the Shade





1-shot 5e adventure for level 5/6 characters. Guard a diverse caravan, trapped in a prison dimension by an undead witch-queen. To escape, defeat the witch or help her defeat stone guardians.

[Continue reading →](#)

## Community Copies



We're partnering with you to improve even more lives by making free electronic community copies available for those who can't afford to buy them. #DnD #TTRPG #DestigmatizePoverty

[Continue reading →](#)

## Purchase Community Copies





For every Community Copy you purchase, we will match your donation, giving away an additional copy for every 1 purchased.  
#DnD #TTRPG

[Continue reading →](#)

## **Limitless Heroics: Including Characters with Disabilities, Mental Illness, and Neurodivergence in Fifth Edition**



Limitless Heroics is the most comprehensive disability compendium ever created for a Tabletop Role-Playing Game.

[Continue reading →](#)

## **Limitless Heroics: The Coloring Book**

**(PDF)**



Explore inclusive fantasy art with diverse characters, assistive tools & service animals. Normalize disability, support focus, and foster creativity!

[Continue reading →](#)

## Limitless Heroics: The Coloring Book



We used the amazing art from Limitless Heroics to create a coloring book for all ages!

[Continue reading →](#)

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# Disability, Neurodiversity, and Mental Health Resources for Tabletop Roleplaying Games

April 8, 2024



Here's a growing collection of resources to improve your life or to help you improve the lives of others.

## Representation Resources

- [Ableist Tropes in Storytelling « Oppression Aware Podcast, Fairy Tales, and Games \(Interview\)](#)
- [Writing Characters With Disabilities](#)
- [Forge Ahead: A Party to Access](#)
- [DnD Disability](#)
- [Combat Wheelchair 3](#)
- [Limitless Heroics](#)

## Miniatures

- [Limitless Champions](#)
- [Combat Wheelchair](#)
- [Skinny Minis](#)



# Accessibility Resources

- [Accessibility in Gaming Resources](#)
- [Roll for Kindness](#)
- [A big list of accessibility resource lists](#)
- [Braille Dice \(Interview\)](#)

# Mental Health Tools

- [Jasper's Game Day \(Interview\)](#)
- [TTRPG Safety Toolkit](#)
- [Consent in Gaming from Monte Cook Games](#)
- [MCDM Tabletop Safety Toolkit](#)
- [#CouchCon Charity Panel: "Sanity Checks & Stigma- Mental Health in TTRPGs" – YouTube](#)

# Publisher Resources

- [CNIB Clear Print Guide](#)
- [ADA Compliant Print Short Guide](#)
- [Accessible Print Guide](#)

Feel free to add more in the comments below!