

Gaining Advantage 033: Using TTRPGs for Healing, Community Building, and Mental Health Support

November 17, 2023



Interview w/ @thehealerdm on therapeutic gaming, community building, mental health, and the South American RPG, Koboa.

Gaining Advantage 024: Inherently Beneficial, then Intentional

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Roleplaying games are already great, but what happens when they're intentionally used to improve lives? We welcome Jack Berkenstock Jr., MHS, Executive Director, The Bodhana Group to talk about therapeutic RPG.

0:00 Introduction

3:54 Interview: Jack Berkenstock Jr., MHS, Executive Director, The Bodhana Group

44:43 Wrap-up

Manually captioned. Transcript available at our website.

Script Change: <http://briebeau.com/scriptchange>

The Bodhana Group Links

- <https://www.thebodhanagroup.org>
- <https://twitter.com/thebodhanagroup>
- <https://www.facebook.com/thebodhanagroup>

Wyrmsworks Publishing

- Limitless Heroics: <http://inclusiverpg.com>
- The Lair: <https://cutt.ly/LairYT>
- Limitless Champions: <http://mini.inclusiverpg.com>

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