

Skeletal Difference

August 3, 2022



(IE) areas of your body are not the shape typical for your ancestry—curved, rotated, bulbous, or otherwise different. Roll on the following table for the locations:

d10	Area
1–2	Ribs
3–6	Arm
7–10	Leg

- **Ribs.** Your ribs are too small for your chest. You have trouble breathing as your ribs press on your lungs. Every minute of exertion, such as combat, a walking forced march, or climbing, you need to either succeed on a DC 5 + (IE) Constitution saving throw—increasing cumulatively by 1 every minute of exertion—or take one level of exhaustion until taking a short rest.
- **Arm.** Your arm bone curves or is underdeveloped such that you have a -(IE) penalty on all Strength checks and melee attack rolls that use your arms.
- **Leg.** Your leg bone curves or is underdeveloped such that you have a -(IE) penalty on all Strength checks and melee attack rolls that use your legs.

Real-world Examples

Paget's Disease of Bone, Neurofibromatosis, Jeune Syndrome,

Spondylocostal Dysplasia, Spondylothoracic Dysplasia, Phocomelia

Assistive Options

Depending on the nature of the malformation, a prosthetic might help reduce the penalty by 1 in some instances. For other manifestations, a wheelchair or other mobility device may help.