

# Night Blindness

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Your eyes are more sensitive to darkness than most, reducing your visual range by  $(IE) \times 10$  feet in twilight or darker environments. This also affects Darkvision if applicable.

## Real-world Examples

Cataracts, Retinitis Pigmentosa, Usher Syndrome

## Assistive Options

The only assistance for this is a brighter light source.

## Magical Assistance

[Goggles of Night](#) or other magic items that grant Darkvision can assist with Night Blindness while worn, but they cause strain to those with Night Blindness and can only be worn for an hour, requiring a short rest afterward to avoid exhaustion.